

Curriculum Vitae

Surname: Eita

First name: Lamiaa Hassanein

Permanent address:

1- 2 Taher St. off Sadek Zeid- Hadayike El – Zeitoun, Cairo.

2- 23 Anwer St. off Ali Moubark, Tanta, Gharbia.

Birth date: September 25, 1971 .

Tel. Numbers: 02/2505029 Cairo - Mob. 01287656233=01117304821 –
040/3331149, Tanta.

Medical record: Blood group, O+ ve.

Nationality: Egyptian.

Religion: Moslem.

Sex: Female.

Marital status: Married plus 3.

Schooling:

1. Primary school, 1977-1983.
2. Prep school, 1983-1986.
3. Secondary school, 1986-1989.
4. University, 1989-1993 and internship 1994.

Educational Qualifications:

- B.Sc. science of nursing with grade very good and an internship year finished at 31/8/1994 with grade excellent, Faculty of Nursing, Tanta University.
- Master degree 2000, titled: stressors as perceived by professional university students.
- Doctorate degree, 2008, titled: Impact of stress management technique on anxiety level among psychiatric nursing students.

Professional Experiences:

- 1993-1994, I have worked in private hospitals in Tanta (Ramadan and El-Fadaly hospitals) for long months during summer holidays.
- 1995, I have taught in the secondary nursing school, Tanta University for three months.
- 1995-2000, Clinical instructor of Psychiatric Nursing, Faculty of Nursing, Minofya University.
- 2002-2008, Assistant Lecturer of psychiatric Nursing, Faculty of Nursing, Minofya University.
- 2008--, Lecturer of Psychiatric Nursing, Faculty of Nursing, Minofya University.

- 2010-2012, Lecturer of Psychiatric Nursing, Faculty of Nursing, Helwan University.
- 2011-2015, Lecturer of Psychiatric Nursing, Technical Institute of Nursing, Minofya University.

Committee membership

- A member in scientific department council,2009/2010
- A member in nursing quality project,2009/2011
- A member in cultural committee,2014/2015
- A member in high education committee,2013/2014
- A member in students affairs committee,2012/2013
- A member in ethics of scientific research committee,2011/2012

Training Courses:

- A Computer course (An introduction in computer science), 1993, Tanta University.
- A training course in forensic psychiatric medicine, Faculty of Medicine, Minofya University, 1997.
- TOEFL I course during 1/5/2002-30/7/2002, Minofya University united with A.U.C.
- TOEFL II course during 1/11/2002-21/1/ 2003, Menofiya University united with A.U.C.
- TOEFL III 8/4/2003-8/7/2003.
- A course in ICTP for 14 weeks, 2006.
- A course in Advanced ICTP for, 2011.

Language : English, good writing and speaking.

Traveling Abroad : I visited UAE for two months, 2000.

Hobbies :Sporting- reading – traveling abroad and hearing music.

Referees :Prof. Dr. Dalal K. Eshra, professor of nursing education, Faculty of Nursing, Minofya University.

Profession :Now I'm a lecturer of Psychiatric Nursing, Faculty of Nursing, psychiatric Nursing Department, Minofya University and a member of psychiatric department council, 9/2008 -9/2009.

Teaching Courses of Baccalaureate degree

- Mental Health and psychiatric Nursing: The course includes mental health and its philosophy, symptomatology, application of general principles in psychiatric nursing, application of diagnosis in mental health, common behavior disorders and their nursing intervention.
- A course in: Holistic nursing care.

Clinical Teaching courses

- Medical and Surgical Nursing.
- Mental Health and Psychiatric Nursing.

Teaching courses of Master Degree

- Clinical Psychology.
- Educational Psychology.
- Nursing Research.
- Psychometry.

Teaching courses of Doctorate Degree

- Mental Health and Psychiatric Nursing.
- Mental Woman Health.
- Child Psychiatry.
- Nursing Critique.
- Application of scientific research in nursing.
- Psychology of Woman health

Supervision of Theses

- Supervision of a Master's Thesis on 'Impact of Internet addiction on psychological problems among Minofya University students' (Accepted).
- Supervision of a Master's Thesis on "The Effect of Birth Order on Anxiety and Depression among Adolescents" (Accepted).
- Supervision of a Doctorate's Dissertation on " The Effectiveness of relaxation training program on stress and marital adjustment on infertile women" (Still ongoing).
- Supervision of a Doctorate's Dissertation on "The effect of psychiatric nursing intervention on social web site addiction among Minofya students". (Still ongoing).

Conference Hold:

- I have participated in a workshop on: Evaluation of nursing process, Faculty of Nursing, Minofya University, 1995.
- I have attended a conference on: promoting nursing competency dated 15/12/1997, Faculty of Nursing, Cairo University.
- I have shared in a training course on Forensic Medicine in Faculty of Medicine, Minofya University during 14-19/6/1997.
- I have attended a conference on: Mental health for children, Faculty of Nursing, Cairo University dated 14/10/2001.

- I have attended a conference on: Mental health in occupational places (The Day of Mental Health), National Mental Health Council,14/10/2001.
- I have attended a second annual conference on: quality of teaching and clinical training in nursing education, Faculty of Nursing, Cairo University dated 15/5/2002.
- I have attended a work shop on: exploring the ever evolving potential of nursing to match our modern world challenges, Faculty of Nursing, Ain Shams University dated 18/5/2002.
- I have participated in a work shop titled steps of curriculum design, implementation, and evaluation in Nursing, Faculty of Nursing, and Menoufiya University during 31/7/2002 to 1/8/2002.
- I have shared in a workshop on: evidence based nursing. Faculty of Nursing, Menoufiya University united with Mansoura University dated 8/8/2002.
- I have attended the annual scientific conference of psychiatric department. Which titled: psychiatric nursing and alternative medicine, dated 16/4/2003. Faculty of nursing, Cairo University.
- I have shared in a seminar titled: Distance- learning, Faculty of Nursing, Menoufiya & Cairo University dated 21/4/2003.
- I have participated in the annual scientific conference titled: toward mental health and quality of life. Faculty of Nursing, Ain Shams University. 18-20/10/2003.
- I have attended at training course on:
Preparation of University teacher, Faculty of Education, Menoufiya University, 1-28/2/2004.
- I have participated in a workshop titled: Toward development University exams, Faculty of Nursing, Minofya University, from 4/7/2004 to 14/7/2004.
- I have attended a workshop titled substance abuse and co-occurring psychiatric disorders. Psychiatric center, Ain Shams University, dated 26-9-2004.
- I have attended a conference of the Egyptian psychiatric. Association collaboration with the neuropsychiatry department. Faculty of Medicine, Menuofiya University, December 23rd 2004.
- I have participated a world mental health day, March 16th 2004 titled liaison mental health services for physically ill women: Faculty of Nursing, Cairo University.
- I have attended a training course on computer and internet from 9/10/2004 to 18/10/2004. Minofya University
- I have shared in a the 11th annual conference on:
Towards better Geriatric health. 29/4/2004. Faculty of Medicine, Minofya University.
- I have shared in a training course on power point from 28/2/2005 to 7/3/2005. Menoufiya University
- I have attended a training course on "SPSS" from 27/3/2005 to 13/4/2005 Menoufiya University.
- I have participated in a lecture on: obesity between reality and fantasy, Faculty of Nursing, Minofya University. 27/4/2005.
- I have shared in the Faculty and leadership development Project (FLDP), as the following:
 - 1) Effective teaching: 9-14-4/2005.
 - 2) Methods of research: 28-30/12/2004.

- 3) **Thinking skills: 18-20/12/2004.**
 - 4) **Job ethics: 27-28/11/2004.**
 - 5) **Using technology in teaching, 2-4/7/2006.**
 - 6) **Effective communication skills, 27-29/8/2006.**
 - 7) **Credit hours: 3-5/9/2006.**
 - 8) **Effective presentation skills, 3-5/6/2007.**
 - 9) **Organization of scientific conferences, 20-22/4/2008.**
 - 10) **Evaluation of examines systems, 17-19/8/2008.**
 - 11) **Legal and economic aspects of university duties, 24-26/8/2008.**
 - 12) **Competitive research national and international projects 22-24/6/2014.**
 - 13) **Scientific publishing, 19-20/10/2014.**
- **I have attended a conference titled: methods of psychotherapy, Faculty of Arts, Menoufiya University.**
 - **I have attended the 10th annual scientific conference titled. Scientific specialties in psychiatric nursing faculty of nursing Cairo university, 30/4/2008.**
 - **I have attended the 3rd annual IMC Egyptian Nursing conference, International Medical Center(IMC) ,7-8/5/2008.**
 - **I have attended the conference titles. New trends in women's health. Faculty of nursing, Tanta University, 13/10/2008.**
 - **I have participated in a conference titled: application of standards of quality in teaching and practice Faculty of Nursing Helwan and Benha univ. 29-30/4/2009.**
 - **I have participated in a workshop titled: (team work and quality of teaching) Faculty of Nursing Helwan Univ. 23/2/2009.**
 - **I have participated in a conference titled: to ward ideal practice and professionalism in health team. Faculty of Nursing Ain Shams Univ. 21-23/11/2009.**
 - **I have attended fifth conference titled: application of scientific researches Cairo Univ. 21-24/12/2009.**
 - **I have attended 2nd annual conference titled: "quality, performance and nursing challenges Faculty of Nursing, Minofya Univ. 24-25/2/2010.**
 - **I have attended a conference titled: consultation liaison (C-L) psychiatry and pediatric institute of postgraduate studies of childhood Ain Shams Univ. 27-4/2010.**
 - **I have attended a conference titled: nursing today future, challenges and threats. Faculty of Nursing Helwan Univ. 28-29/4/2010.**
 - **I have attended a conference titled: 6th international congress on psychiatry. Institute of Psychiatry. Ain Shams Univ. 4-5/5/2010.**
 - **I have attended a conference titled: credit hours, the way to the quality. Faculty of Nursing. CairoUniv. 10/6/2010.**
 - **I have attended a conference titled :toward excellence in nursing profession. Faculty of Nursing. Minofya Univ. 14/3/2011.**
 - **Annual student conference present and future in nursing profession. Faculty of Nursing. Ain shams Univ. 12/4/2011. (Audience)**
 - **7th international congress on psychiatry. Titled future perspectives.26-28/4/2011.Marriott Hotel. Ain shams Univ. (Audience)**
 - **I have participated in a work shop titled :how to use data base.12/5/2011*15/5/2011.Minof.Univ. Computer Center.**
 - **I have participated in a work shop titled :The role of community partners in quality of higher education.CairoUniv29/5/2011.**

- 9th Annual. conference titled :quality of medical education. Faculty of Medicine . Menoufia. Univ. 13/5/2012. (Audience)
- 8th international congress on psychiatry. Titled: challenges in neurpsychiatry.27-28/3/2012 .Ain shams Univ. Institute of psychiatry. (Audience)
- The 2nd international nursing conference titled: nursing education and accreditation" challenges and opportunities". Faculty of Nursing. Cairo Univ.25-26/3/2013(Speaker)
- I have attended a seminar titled:"Hospital based care in psychiatry", Faculty of Nursing. Minofya Univ.13/4/2013.
- The 11th international nursing conference in collaboration with the scientific society of Arab nursing faculties and Kennesaw state Univ.(KSU),USA titled: Health challenges and QoL. Faculty of Nursing. Ain Shams Univ.29-30/4/2013 (Speaker).
- The 9th international congress on psychiatry titled;"The changing landscape in neuropsychiatry practice". Educational and training center- Ain Shams Univ.7/5/2013. (Audience).
- I have attended a workshop titled: Cognitive behavioral therapy. Faculty of Nursing. Minofya Univ.15-18/9/2013.
- I have attended a workshop titled:"general rules of professor's promotion: Faculty of Nursing. Cairo Univ.27/11/2013.
- I have participated in the 3rd international nursing conference in collaboration with Dar Esalam-Tanzania.Univ. of Raprin-Iraq.Kano State Federation-Nigeria, titled: Prevention is better than cure. Faculty of Nursing. Mansoura Univ.3/3/2014.(poster).
- The 6th international nursing conference in collaboration with Kennesaw Univ., and Faculty of Applied Medical Sciences (AMS) titled: advances in nursing profession,6-7/4/2014 . (Speaker).
- The 3rd international nursing conference in collaboration with Case Western Reserve Univ. CWU, USA and Univ. of Massachusetts Boston.USA titled: nursing specialties based on community needs, challenges and opportunities. Hold on 57357 hospital children's cancer hospital foundation, 6-7/5/2014. (Speaker).
- The 2nd scientific nursing conference titled: newest technology in nursing practice and education. Faculty of Nursing. Benha Univ. in collaboration with children specialized hospital.14/5/2014 (poster).
- The 4th international scientific nursing conference titled: utilization of research in nursing. Faculty of Nursing. Minofya Univ.19th -20th /5/2014(poster).
- I have participated in the 8th scientific nursing conference titled: Nursing Challenges in Qualification and Professionalism 10th November, 2014. Faculty of Nursing Zagazig University. (Talk).
 - I have attended a seminar titled:"Creating a cultural of professionalism, working with ethics among health care providers", Faculty of Nursing. Minofya Univ.14/10/2014.
 - I have attended a seminar titled:"Addiction and its effects on the individual, family and society", Faculty of Nursing. Minofya Univ.25/11/2014.
 - I have attended a seminar titled:"Autism and how to deal with this child", Faculty of Nursing. Minofya Univ.9/12/2014.
 - I have attended a seminar titled:"Sleep disturbances and its management", Faculty of Nursing. Minofya Univ.7/4/2015.
 - I have attended a seminar titled:"How to increase self awareness", Faculty of Nursing. Minofya Univ.26/4/2015.

- I have participated in the 3rd international nursing conference titled: Quality of health care: education & services. Faculty of Nursing, Tanta University. 24-25/11/2014. (Poster).
- The 6th international nursing conference in collaboration with Kennesaw Univ., and Faculty of Applied Medical Sciences (AMS), 6 October Univ. Titled: Evolution of nursing profession: A pathway to excellence, 20-21/4/2014. (Speaker).
- I have participated in the 11rd international conference titled: Human performance in health and disability. Faculty of Medicine, Cairo University. 11-12/6/2015. (Poster).
- The 7th international nursing conference in collaboration with Kennesaw Univ., and Faculty of Applied Medical Sciences (AMS) titled: Evolution of nursing: A pathway to excellence. 20-21/4/2015. (Speaker).
- The 11th national conference in of human performance in health and disability Faculty of Medicine titled: human performance in health and disability, 11-12/6/2015. (Speaker).
- The 5th international nursing conference Faculty of Nursing, Suez Canal Univ. Titled: New trends toward advanced health care, 18/11/2015. (Speaker).
- The 4th international nursing conference in collaboration with Case Western Reserve Univ. USA titled: Future of nursing education, ambition & reality. Cairo Univ. 15-16/12/2015. (Audience).

Published Scientific Researches

- "The Stress Experience among Nursing Staff in Critical Care Units in Menoufia University Hospitals" on the 2nd international nursing conference titled: nursing education and accreditation" challenges and opportunities". Faculty of Nursing, Cairo Univ. 25-26/3/2013.
- 'Impact of Internet addiction on psychological problems among Minofya University students" on The 6th international nursing conference in collaboration with Kennesaw Univ., and Faculty of Applied Medical Sciences (AMS) titled: advances in nursing profession, 6-7/4/2014.
- "Association of anxiety and depression among COPD patients" on The 3rd international nursing conference in collaboration with Case Western Reserve Univ. CWU, USA and Univ. of Massachusetts Boston, USA titled: nursing specialties based on community needs, challenges and opportunities. Hold on 57357 hospital children's cancer hospital foundation, 6-7/5/2014.
- "Impact of counseling on anxiety and self esteem levels among nursing students" Journal of Nursing Education and Practice. Vol. 6, (5) June, 2015.
- The Effectiveness of Live Bee Sting Acupuncture on Depression. IOSR Journal of Nursing and Health Science, Volume 4, Issue 4 Ver. III (Jul. - Aug. 2015).

- **The Effect of Birth Order and socio demographic characteristics on Anxiety and Depression among Adolescents.** International Journal of Nursing Science (Volume 5, Number 3, July 2015
- **The Effect of Oral Nursing Intervention on Antidepressants- induced Xerostomia among Patients with Depression.** International Journal of Nursing Science (Volume 5, Number 4, September) 2015
- **The Effect of Relaxation Techniques Program on Stress and Marital Adjustment among Infertile Women in Menoufia Governorate.**

المؤتمر الدولي الخامس – (الاتجاهات الحديثة في الرعاية الصحية المتقدمة) - كلية التمريض - جامعة قناة السويس في ١٨ / ١١ / ٢٠١١

Other Activities:

- I have participated in competitions of Technology and scientific Research Academy, Cairo, during 1994, 1995 and 1997. The competitions in scientific writing respectively.
 - Over population in Egypt, 1994.
 - Food additives, 1995.
 - Using scientific methods to manage rubbish, 1997.
 - I shared in a campaign in Port Saeid. Institute of Leaders. 17/7/2009 to 22/7/2009.
 - I shared in a campaign in Fayoum Institute of Leaders. 16/7-21/7/2010.
 - I shared in a medical campaign for orphans in Qewesna city. 14/3/2011.
 - I shared in a medical campaign in Sirs Elleian titled: psychological changes of adolescence. 15/5/2011.
 - I shared in a medical campaign in Shoubrabloula, AlMay, Menoufia city, Menoufia titled :Effects of psychological changes among adolescence. 15/12/2014.

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